

Autumn/ Winter
2023 / 2024

WEEK ONE

30/10/2023
20/11/2023
11/12/2023
15/01/2024
05/02/2024
04/03/2024
25/03/2024

MONDAY

Option one

Cheese and Tomato Pizza with Pasta Salad

Option two

Vegetable Couscous

Vegetables

Vegetables of the Day

Dessert

Lemon Drizzle

TUESDAY

A choice of Burger (Beef & Bean or Vegan) in a bun and Potato Wedges

Vegetables of the Day

Fruit Jelly with Mandarins

WEDNESDAY

Veg Wellington, Stuffing, Roast or Mashed & Potatoes

Roast of the Day, Stuffing Roast or Mashed Potatoes & Gravy

Vegetables of the Day

Freshly Chopped Fruit Medley

THURSDAY

Veggie Bolognese with Garlic Bread

Cher's Chicken Korma with Rice

Vegetables of the Day

Apple sponge

FRIDAY

Fishfingers with Chips & Tomato Sauce

Five Bean Chill with Rice or Jacket Potato

Vegetables of the Day

Oaty Cookie

WEEK TWO

06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024

Option one

Tomato Pasta

Option two

Cheesy Swirl with New Potatoes

Vegetables

Vegetables of the Day

Dessert

NEW Carrot Cake

Lentil and Sweet Potato Curry with Rice

Chicken tikka masala with Rice

Vegetables of the Day

Apple Crumble with Custard

A choice of BBQ or Lemon & Herb Chicken or Vegan

Quorn, with seasoned Potatoes or Jollof Rice and Salads

Vegetables of the Day

Fruit Medley

Veggie meatballs in tomato sauce with rice

Spaghetti Bolognese with Garlic Bread

Vegetables of the Day

Chocolate Drizzle Cake with Chocolate Sauce

Fishfingers with Chips & Tomato Sauce

Chinese Vegetable Noodles

Vegetables of the Day

Vanilla Shortbread

WEEK THREE

13/11/2023
04/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024

Option one

NEW A choice of Tomato or Carbonara Pasta with Toppings



Option two

Vegetables of the Day

Dessert

Iced Sponge

Vegetable Fajitas with Rice

Mexican Beef with Rice

Vegetables of the Day

NEW Chocolate Orange Cookie

Veggie sausages, Onions and Gravy with Roasted or Mashed Potatoes

Roast chicken with roast or Mashed Potatoes

Vegetables of the Day

Fruit Platter

Vegetable tagine with lemon and parsley couscous

Chicken pie with mashed potato

Vegetables of the Day

Peach Upside Down Cake with Custard

Fishfingers or Salmon Fishcake with Chips & Tomato Sauce

Chickpea and Vegetable Hotpot

Vegetables of the Day

NEW Melting Moment Biscuit

MENU KEY



Added Plant Power



Wholemeal



Vegan



Cher's Special

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

ALLERGY INFORMATION:

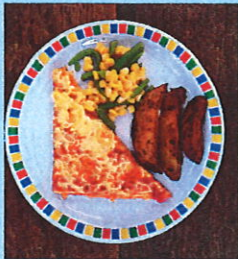
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Autumn/ Winter
23/24 wk. 1

OPTION 1

MONDAY

Cheese & Tomato Pizza
with Pasta Salad



TUESDAY

Build Your Burger Day



WEDNESDAY

Roast of the Day, Stuffing
Potatoes & Gravy



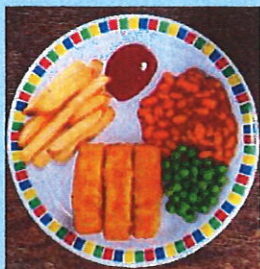
THURSDAY

Spaghetti Bolognaise
with Garlic Bread



FRIDAY

Fishingers with Chips &
Tomato Sauce



OPTION 2

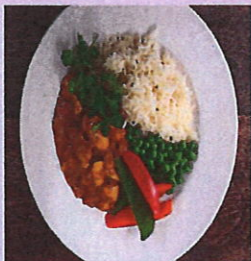
Vegetable Couscous



Veg Wellington, Stuffing,
Roast Potatoes & Gravy



Chicken korma with Rice

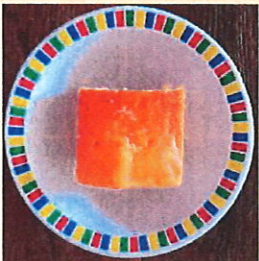


Five bean chilli with Rice

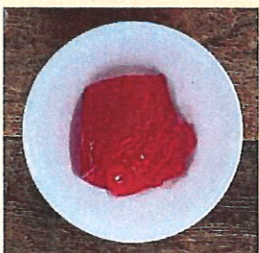


DESSERT

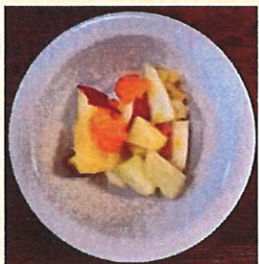
Lemon Drizzle Cake



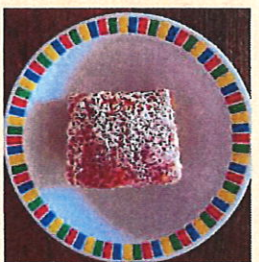
Fruit Jelly with Mandarins



Chopped Fruit Salad



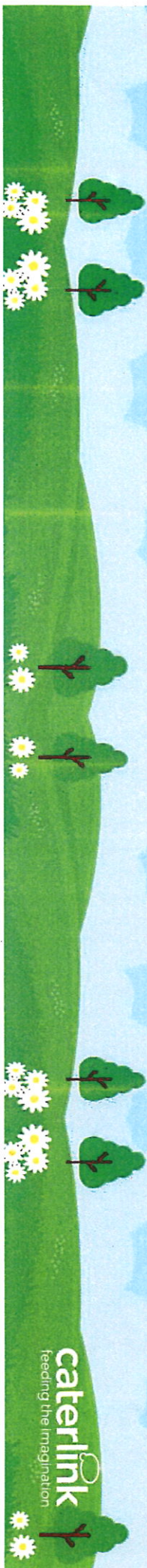
Apple Sponge



Oaty Cookie

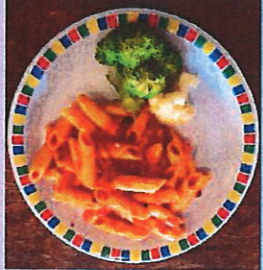


*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN



OPTION 1

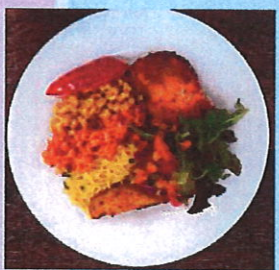
Tomato Pasta



Chicken tikka masala & Rice



Chicken Shack



Spaghetti bolognese and garlic bread



Fishfingers with Chips & Tomato Sauce

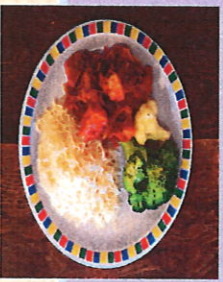


OPTION 2

Cheesy Swirl with New Potatoes



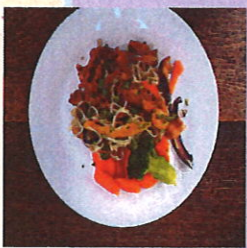
Lentil & sweet potato curry with Rice



Veggie Meatballs in Tomato Sauce with Rice



Chinese vegetables noodles

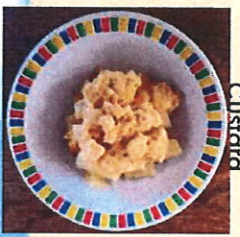


DESSERT

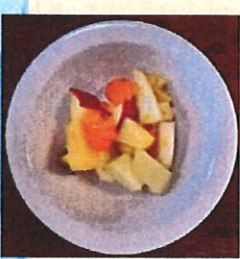
Carrot Cake



Apple Crumble with Custard



Fruit Medley



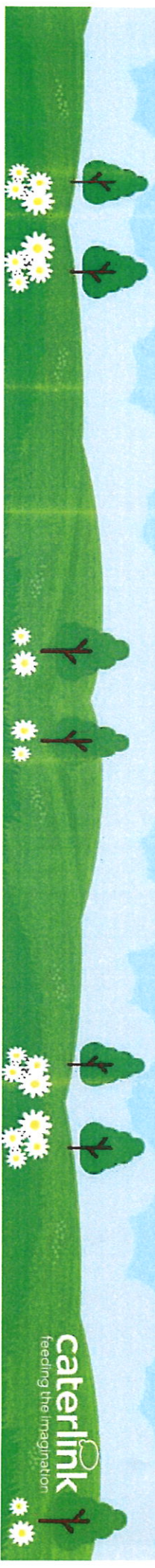
Chocolate Cake with Chocolate Sauce



Vanilla Shortbread



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OPTION 1



NEW Pasta Kitchen



MONDAY

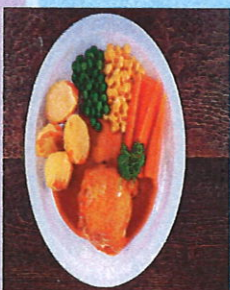


Mexican Beef with Rice



TUESDAY

Roast Chicken , Roast Potatoes & Gravy



WEDNESDAY

Chicken Pie with Mashed Potatoes



THURSDAY

Salmon fishcakes with Chips & Tomato Sauce



FRIDAY

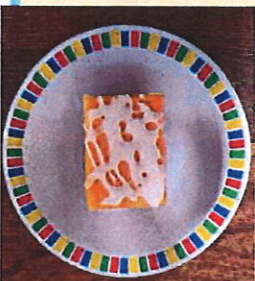
OPTION 2



Vegetable Fajitas with Rice



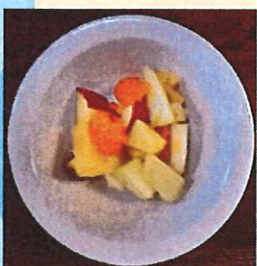
Iced Sponge



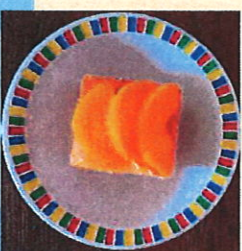
Chocolate Orange Cookie



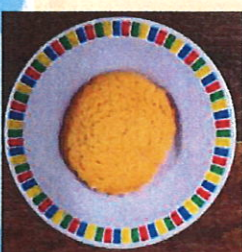
Fruit Platter



Peach Upside Down Cake with Custard



NEW Melting Moment Biscuit



DESSERT

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