

WHAT'S FOR LUNCH THIS SPRING/SUMMER?

Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

caterlink
feeding the imagination

KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <https://caterlinkltd.co.uk/my-caterlink> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

<https://caterlinkltd.co.uk/jobs-careers/>
or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site <https://caterlinkltd.co.uk/school/caterlink-primary-division>. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.



CAMDEN SPRING/SUMMER 2022 MENU






MONDAY







TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE 21 Feb 14 Mar 18 Apr 9 May 6 Jun 27 Jun 18 Jul 12 Sep 3 Oct 24 Oct	Option 1	MEAT FREE MONDAY Tomato, Lentil & Vegetable Pasta	 	BBQ Turkey Burger with 50/50 Rice		Herb Roasted Chicken, Roast Potatoes or Boiled Potatoes & Gravy	Savoury Mince Beef & Dumplings	Breaded Fish with Chips or Steamed Potatoes & Tomato Sauce
	Option 2	Vegetable & Bean Pasta Bake		BBQ Quorn Fillet with Rice		Vegetable & Lentil Wellington with Roast Potatoes or Boiled Potatoes & Gravy	Sweet & Sour Butterbean with Egg Noodles	Cheese & Red Pepper Frittata with Chips or Steamed Potatoes & Tomato Sauce
	Vegetables	Sweetcorn Roasted Courgette		Rainbow Coleslaw Roasted Sweet Potato Cubes		Red Cabbage Broccoli	Green Beans Roasted Carrots	Peas Baked Beans
	Dessert	Yoghurt / Fresh Fruit		Peach Upside Down Cake with Custard Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit	Pineapple Loaf with Custard Yoghurt / Fresh Fruit	Yoghurt / Fresh Fruit

WEEK TWO 28 Feb 21 Mar 25 Apr 16 May 13 Jun 4 Jul 25 Jul 19 Sep 10 Oct	Option 1	MEAT FREE MONDAY Vegetable & Chickpea Tagine with 50/50 Rice	 	Spaghetti Bolognese		Roast Chicken, Roast Potatoes/Boiled Potatoes, Stuffing & Gravy	Turkey and Chickpea Curry with 50/50 Rice	 Fish in Batter with Chips/Rice & Tomato Sauce
	Option 2	Summer Butterbean Vegetable Risotto		Vegan Spaghetti Bolognese		Cheese & Tomato Pin Wheel Potatoes/Boiled Potatoes, Stuffing, & Gravy	Roasted Cauliflower & Chickpea Curry with 50/50 Rice	 Bean and Lentil Burgers (No Bun) with Chips/Rice & Tomato Sauce
	Vegetables	Sweetcorn Cauliflower		Green Beans Red Cabbage		Carrots Peas	Broccoli White Cabbage	Mushy Peas Baked Beans
	Dessert	Yoghurt / Fresh Fruit		Pear & Raisin Upside Down Cake with Custard Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit	Chocolate & Apple Sponge with Custard Yoghurt / Fresh Fruit	Yoghurt / Fresh Fruit

WEEK THREE 7 Mar 28 Mar 2 May 23 May 20 Jun 11 Jul 5 Sep 26 Sep 17 Oct	Option 1	MEAT FREE MONDAY Roasted Vegetable Pizza		Beef & Bean Fajitas with 50/50 Rice	 	Cajun Spiced Chicken, Roast Potatoes/Boiled Potatoes & Gravy	Chicken Sausage Hot Dog with Potato Wedges	Fish Fingers or Salmon Fish Fingers with Chips/Couscous & Tomato
	Option 2	Cheese & Tomato Pizza		Vegetable & Bean Enchiladas with Rice		Lentil & Basil Puff Pastry, Roast Potatoes/Boiled Potatoes & Gravy	 Vegan Plant Based Sausage Hot Dog with Potato Wedges	 Quorn Vegan Fishless Fingers with Chips/Couscous & Tomato Sauce
	Vegetables	Green Beans Red Cabbage		Sweetcorn Roasted Courgette		Carrot Broccoli	Green Cabbage Baked Tomatoes	Peas Baked Beans
	Dessert	Yoghurt / Fresh Fruit		Melon, Cheese & Biscuits Yoghurt / Fresh Fruit		Yoghurt / Fresh Fruit	Strawberry & Pear Cobbler with Custard Yoghurt / Fresh Fruit	Yoghurt / Fresh Fruit

Available Daily

 Added Plant Power

 Vegan

 Wholemeal

 Oily Fish

• Freshly cooked jacket potatoes with a choice of fillings (where advertised)

• Bread freshly baked on site daily
• Daily salad selection