



Getting ready for the new statutory ‘Relationships, Sex and Health Education’ curriculum at Kentish Town Church of England Primary School



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- **RSE topics covered in primary schools**
- **Understanding the outcomes for RSE topics**
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What would you expect to be covered as part of RSE in primary schools?

Four main topics



Growing
up



Our
bodies



Keeping
safe



Relation-
ships and
family life

RSE themes

Respect

Emotions

Friendships

Saying No

Good and bad touch

Differences

Families and people who care for me

Puberty

Empathy

Keeping safe

Communicating

Building self-esteem

Sex

Solving problems

At the end of primary school, children should know about the following:

- Families and people who care for them

Characteristics of a healthy family life, commitment, marriage, different types of relationships and families, and relationships that make them feel unsafe

- Caring friendships

Characteristics of friendships, how to repair friendships, managing conflict, and who to trust

- Respectful relationships

The importance of respecting the similarities and differences of others, courtesy and manners, self-respect, bullying and cyber-bullying, stereotypes and how they can be negative and destructive

- Online relationships

Applying the same principles to relationships online and offline, people pretending to be someone they are not, keeping safe online and data sharing

- Being safe

Appropriate boundaries, privacy, how to recognise and report feeling unsafe or uncomfortable

SEND Pupils

RSE must be accessible for all pupils, including those with special educational needs and disabilities (SEND).

As a mainstream school, we will ensure that teaching is differentiated to support pupils with SEND to fully access the curriculum. The PSHE subject leader (Marcia Freixeiro) will liaise with the class teacher and special educational needs coordinator to make sure:

- the needs of all pupils are met;
- the curriculum is fully accessible;
- education, health and care (EHC) plans are followed.

Creating an Inclusive Classroom

It is important to consider the diverse range of pupils in every classroom, particularly when teaching complex and sensitive subjects like RSE.

- These topics should help all pupils understand their physical and emotional development and enable them to make positive decisions in their lives.

When planning all of our teachers at Kentish Town Primary School will consider that there will be many different personal experiences and stages of cognitive development within the classroom and that some pupils may have already been exposed to, or are at risk of being exposed to, some of the content being taught..

A sensitive teaching style is key to ensuring that pupils feel safe and supported in lessons and are therefore able to engage with the key messages..

Primary Curriculum - an Overview

The focus in our school is on building positive relationships, including friendships, family relationships and relationships with other children and adults.

- Establishing personal space and boundaries, showing respect, recognising and understanding the differences between appropriate and inappropriate/unsafe contact - physical or otherwise; these are the forerunners of teaching about consent, which takes place at secondary school.

Teachers should talk to pupils about the features of a healthy relationship, which is more likely to lead them to happiness and security; this should include online safety. Relationships education also creates an opportunity to teach pupils about positive emotional and mental wellbeing, including how friendships can support good mental health.

- Under the **Equality Act 2010**, it is unlawful for any **education** provider, including a private or independent provider, to discriminate between pupils on grounds of disability, race, sex, gender reassignment, pregnancy and maternity, religion or belief, or sex.

Questions

